

# LEVEL 1 - FIRE SAFETY AWARENESS



**MAX NO. OF DELEGATES:**  
12

**DURATION:**  
0.5 DAY

**LENGTH OF CERTIFICATION:**  
3 YEARS

**ACCREDITATION:**  
HIGHFIELD OR COTS CERTIFICATE



## WHO SHOULD ATTEND

The course is designed for anyone who works in an environment where fire poses a risk. It is especially designed for those in a manufacturing, engineering or warehouse environment.



## COURSE AIM

The course will provide you with the basic skills, knowledge and information in the following areas:

1. Understand basic fire safety
2. What to do in the event of an emergency
3. Understand the principles of fire risk control
4. Understand the basics of practical fire safety



## TRAINING METHODS

A proportion of hands-on demonstrations and practical exercises, supplemented with classroom based tutorials.



## ADDITIONAL INFO

This training can be carried out either at COTS training centres or clients premises.



## COURSE CONTENT

- Introduction
- How fires are caused
- Cost of fires in the workplace
- Duties of employers
- Duties of employees
- Role of the fire warden
- Fire detection and raising the alarm
- Fire risk assessment
- Components of the fire triangle
- Fire risk control measures
- Controlling fire hazards
- Understanding fire
- Safe use of equipment



## LOCATIONS

COTS Llandarcy, Client Site