

SAFE USE OF STEPLADDERS AND LADDERS



MAX NO. OF DELEGATES:
10

DURATION:
1/2 DAY

LENGTH OF CERTIFICATION:
3 YEARS

ACCREDITATION:
NPORS

WHO SHOULD ATTEND

This programme is designed for employees, supervisors, and managers working at height in various scenarios or for those who supervise at height activities using stepladders or ladders.

COURSE AIM

The course will provide you with basic skills, knowledge and information to safely carry out safe and effective working at height tasks when using stepladders or ladders.

TRAINING METHODS

A proportion of hands-on demonstrations and practical exercises, supplemented with classroom based tutorials. Students will be required to demonstrate their new skills in a range of scenarios.

RATIOS

Accred	In-house	NPORS
1/2 Day	10:1	10:1

COURSE CONTENT

- Relevant Legislation
- What are the hazards
- Duty of care
- Risk assessments and safe systems of work
- What is considered as working at height
- Correct security and angles when erecting a ladder
- Precautions of using a ladder in a public area
- Consider the main hazards encountered when erecting a ladder
- Consider overhead cables and the condition of the ground
- Dealing with emergencies
- PPE
- Practical Assessment

ADDITIONAL INFO

Delegates attending this course should be **18+ years** and be physically and mentally fit to withstand the rigours of training.

LOCATIONS

Swansea, Client Site